

BY DAY

Breakfasts

Big Breakfast £8.75

Two rashers of smoked back bacon, hash browns, two Cumberland sausages, tomato, two poached eggs, Heinz baked beans, toast

Veggie Breakfast (v) £7.25

Halloumi, avocado, toast, two poached egg, mushrooms, toast

Vegan Breakfast (v)(vg) £7.50

Two vegan sausages, mushrooms, Heinz beans, tomato, hash browns, slice of toasted ciabatta

Breakfast Wrap £6.50

Cumberland sausage, bacon, mushrooms, cheese

Lofty Brekkie Bap £6.50

Two rashers of smoked back bacon, mushrooms, Cumberland sausage, poached egg

Doorsteps

Triple Bacon £5

Free range lightly smoked back bacon

Sausage & Mustard £5.50

Cumberland sausages, English mustard

On Toast

Poached Eggs (v)(gfa) £5

Two free range poached eggs on toast

Add Smashed Avocado + £1.50

Add Mushrooms + £1

Add Halloumi + £1.50

Add Bacon + £2

Fancy Cheese (v) £4.50

Cayenne pepper or Worcestershire sauce

Pate £5.50

Red onion chutney, salad garnish

Specials

NEW!

Club Sandwich (gfa) £6.50

Chicken, bacon, tomato, leaves, mayo

NEW!

Sausage Pitta £6

Cumberland sausage, red onion chutney

NEW!

Vegan Ciabatta Stack (v)(vg) £6.50

Spinach, humous, tomato, cucumber

Waffle of the Day £4.95

Ask for today's special

(v) = Vegetarian (VG) = Vegan (GFA) = Gluten Free Available

Please share any food allergies & intolerances when placing your order.

Everything is freshly prepared, therefore during busy times there may be a small wait & limited substitutions.

BY DAY

Ciabatta Melts

Served with salad and crisps

Tuna Crunch <i>Mixed peppers, red onion, cheddar</i>	£7.25
Mushroom ^(v) <i>Lightly sautéed mushrooms, melted cheddar</i>	£7.25
BBQ Chicken & Onion <i>Roast chicken, BBQ sauce, melted cheddar</i>	£7.25
Spinach & Mushroom ^{(v)(vg)} <i>Wilted spinach, sautéed mushrooms, pine nuts</i>	£7.25
Hummus ^{(v)(vg)} <i>Chopped mixed olives, red onion</i>	£7.25
Avo & Marmite ^{(v)(vg)} <i>Smashed avocado, marmite</i>	£7

Salads

NEW! Greek Salad ^{(v)(gf)} <i>Olives, cucumber, red onion, tomato, feta</i>	£7.50
NEW! Chicken & Avo ^(gf) <i>Bacon, leaves, honey mustard dressing</i>	£8.50
NEW! Panfried Chorizo ^(gf) <i>Avocado, feta, cherry tomatoes, leaves, balsamic glaze</i>	£8.50
Make Your Own <i>Choose from one of the following fillings: Chicken, Coronation Chicken, Tuna, Cheese, Ham</i>	£7.50

Doorsteps

Served with salad and crisps

Coronation Chicken <i>Loft style, lightly curried sauce</i>	£5.50
Cheese, Ham & Chutney <i>Smoked Applewood, gammon ham, onion chutney</i>	£5.50
Tuna Mayo <i>Dolphin friendly tuna, mayo, red onion</i>	£5.50
NEW! BLT ^(gfa) <i>Bacon, lettuce, tomato</i>	£6
NEW! Prawns ^(gfa) <i>Marie Rose sauce, leaves</i>	£6
Bacon & Brie <i>Smoked back bacon, cranberry sauce</i>	£6
Fish Fingers ^(Please note: 20 minute wait) <i>Homemade cod fillets, tartar sauce.</i>	£7.95

Wraps

Served with salad and crisps

NEW! Burrito Wrap <i>Chicken, salsa, rocket, sweet corn, cucumber</i>	£6.50
Hummus Wrap ^{(v)(vg)} <i>Sundried tomatoes, rocket</i>	£6

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Jackets

Served with salad

Cheese & Beans ^(v) <i>Mature cheddar, Heinz beans</i>	£6
Tuna <i>Dolphin friendly tuna, red onion</i>	£6
Coronation Chicken <i>Loft style curried sauce</i>	£6
Hummus & Veggies ^(vg) <i>Pan fried peppers, onions, tomato</i>	£6
BBQ Chicken & Cheese <i>Roast chicken, BBQ sauce, mature cheddar</i>	£6
Spinach & Mushroom ^(vg) <i>Pan fried spinach, mushrooms, fresh tomato</i>	£6

Sharers

Baked Camembert ^(v) <i>A whole camembert cheese, crusty bread, red onion chutney, cranberry sauce</i>	£12.95
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Paninis

Served with salad and crisps

Brie, Bacon & Cranberry <i>Smoked back bacon, melted brie, cranberry</i>	£6
Halloumi ^(v) <i>Sweet chilli sauce</i>	£6
Triple Meat <i>Roast chicken, pepperoni, bacon, mozzarella</i>	£6
Pesto & Mozzarella ^(v) <i>Melted mozzarella, fresh tomato</i>	£6
Add Italian ham	+ £1.50
BBQ Pulled Pork <i>Red onion, mozzarella</i>	£6
Tuna Melt <i>Melted cheddar cheese</i>	£6
NEW! Chicken Chorizo <i>Italian ham, pesto, melted mozzarella</i>	£6

Tapas By Night...

It's late night Spanish inspired tapas every:

Thursday, Friday & Saturday

Book from 6pm - you'll have the table for as long as you like.
Served traditionally, you'll be grazing all night.

Discover our 'By Night' menu online now

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DRINKS

Open all day for drinks

Coffee

Americano	£2.35
Cappuccino	£2.60
Espresso	£2.15
Macchiato	£2.60
Latte	£2.65
Flat White	£2.75
Mocha	£2.80
Syrups	+75p
<i>Caramel, Vanilla, Hazelnut, Gingerbread</i>	
Alternative Milk	+50p
<i>Soya, Oat, Coconut, Almond</i>	

Hot Tea

Breakfast	£2.10
Speciality	£2.50
<i>Red Berries, Green, Peppermint, Earl Grey</i>	

Hot Chocolate

Regular	£2.60
Luxury	£3.45
<i>Cream, marshmallows</i>	

Bar

Mimosa - Glass	£7.95
Prosecco - Glass	£6.95
San Miguel - Pint	£4.65

Soft

Milkshakes	
<i>Topped with cream & sprinkles</i>	£3.50
Strawberry	
Chocolate	
Caramel	
Vanilla	
Smoothies	£3.95
Strawberry & Banana	
Strawberry & Blueberry	
Mango, Pineapple & Passionfruit	
Juice	
Orange	£2.60
Pineapple	£2.60
Apple	£2.60
Apple & Raspberry	£2.50
Orange & Passionfruit	£2.50
Apple & Mango	£2.50
Fizzy	
Coco Cola	£2.30
Diet Coca Cola	£2.30
Coke Zero	£2.30
Lemonade	£2.10
Appletiser	£2.80
Orangina	£2.15

*Your Birthday Drink On Us!**

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*Birthday email to be shown

The
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EST.2013

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